

FOR IMMEDIATE RELEASE

Superior HealthPlan Awards \$10,000 Grant to REACH, Inc. to Support Independent Living Skills Program for People with Disabilities

Dallas, TX — April 30, 2025 — REACH, Inc., a nonprofit organization dedicated to empowering people with disabilities to lead independent and fulfilling lives, is proud to announce it has received a \$10,000 grant from Superior HealthPlan. The grant will empower people with disabilities by providing the tools, resources, and confidence they need to build self-sufficiency and actively engage in their communities.

This program will be rolled out across REACH's four Centers for Independent Living (CILs) located in Dallas, Tarrant, Denton, and Collin Counties. The curriculum will cover essential life skills such as budgeting and financial literacy, cooking and nutrition, healthy living, emergency preparedness, employment readiness, and community engagement.

"We are thrilled to partner with Superior HealthPlan in their investment in the well-being and independence of people with disabilities. "This funding allows us to not only build a sustainable curriculum but to create immersive, practical learning opportunities that promote long-term success and inclusion," stated REACH Executive Director Jenny Stonemeier.

The grant will support a wide range of program components, including curriculum development, accessible training materials, guest speaker sessions, and community-based learning experiences.

By engaging with experts, participants will gain hands-on experience and actionable knowledge. Community outings and the use of adaptive equipment will further enrich the learning environment.

For more information about REACH and its services, visit www.reachcils.org.

About REACH, Inc.

REACH is a nonprofit organization that operates four Centers for Independent Living in North Texas. REACH advocates for and supports people with disabilities through information & referrals, advocacy, independent living skills, peer counseling, transition, and community engagement to help them lead independent, self-directed lives.

About Superior HealthPlan

Superior HealthPlan is a managed care organization that provides health care to more than 1.7 million members across Texas. With a mission to transform the health of the community, one person at a time, Superior partners with local organizations to support initiatives that promote wellness, inclusion, and access to care.

Contact:

Jacky Sylvie

Housing Options Manager, REACH, Inc.

jackysylvie13@gmail.com

214.630.4796

www.reachcils.org