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8625 King George Drive, Suite 210  
Dallas, Texas 75235-2275

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**REACH's website address: [www.reachcils.org](http://www.reachcils.org)**

# REACHing Out

## HELPING PEOPLE WITH DISABILITIES REACH FOR INDEPENDENCE

March 2017 - May 2017 Vol. XX No. 2 Editor: Becky S. Teal

REACHing Out is published four times a year in December, March, June, & September at  
REACH of Dallas, 8625 King George Drive, Suite 210, Dallas, Texas 75235-2275

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**“2017 Workplace Trends” The Initiative**

By Kevan Johnson, Employment Consultant @ REACH of Dallas

“To win in the marketplace you must first win in the workplace.”  
*Doug Conant, CEO of Campbell's Soup*

Well here we are again, a new year with a new U. S. President. I want to share some predictions about business employment trends for the year. As per Dan Schawbel, a Forbes contributor, over the past year economic and business themes have been focused on creating an employment experience for job seekers, ending the annual performance review process, the rise of Generation Z and the battle for talent. Because of these trends and additional drifts, they've had an effect on how businesses recruit, hire, retain and assemble their future workforce.

Businesses focus on marketing to customers and current and potential shareholders to increase loyalty and total revenue. They have not concerned themselves as much with the other shareholder known as “employee” or even a potential employee. That is changing. Instead of walls going up between human resources, marketing and customer service departments, they're coming down. Companies will be focusing more on improving candidates' and employees' experiences. A study discovered that 60% of job seekers had an unfortunate candidate experience and 72% shared that experience with an online employer review site such as Glassdoor.com. Candidates are disheartened about reapplying for jobs with companies that do not provide them with information about the status of their application. This ultimately results in limiting the company's application pool. In addition, a bad candidate experience could turn away a potential customer which has an effect revenue.

Virgin created a new candidate experience that has created a better experience for thousands of candidates that were hired. Some top issues for human resources are retention and engagement. Another study discovered that human resources said that “employee experience” is important or very important to the success of their organization. To improve the experience, organizations are investing in more training, rewards and improving workspace.

Today, people's behavior displays instant gratification from the social networks in which they participate. Younger individuals are impatient and reluctant to wait an entire year to learn about their strong points and advancement options. The annual performance review is globally coming to an end. Generation Z and millennials currently receive feedback on a regular basis. Major companies such as GE and Adobe have abandoned annual performance reviews in favor for ongoing feedback.

Companies are continuously competing for customers and talented employees. The war for that talent in heating up. On average, employee tenure in the U.S. is 4.6 years, millennials leave after 2 years. Over 75% of fulltime workers are looking for new employment or open to new opportunities. Businesses are seeing more competition for talent, so in 2017 companies will be forced to focus more on employee experience through corporate culture and values in order to keep talented employees. Companies must continue to evolve their business along with their workers to remain competitive. Remember...take The Initiative!!!

**Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.**

March 2017

- 1 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 2 Fort Worth Zoo, 1989 Colonial Parkway, 76110, 10:00 AM - 4:00 PM
- 8 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 9 Freebirds, 4965 Overton Ridge Blvd, 76132, 1:00 - 2:30 PM
- 15 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 16 Meet @ the center 1:00 - 3:00 PM There will be refreshments!
- 22 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 23 Movie @ the center 1:00 - 3:00 PM There will be refreshments!
- 30 BINGO! @ the center 1:00 - 3:00 PM There will be refreshments!



April 2017

- 5 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 6 Cowboy Chicken, 4972 Overton Ridge Blvd, 76132, 1:00-2:30 PM
- 12 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 13 El Fenix, 6391 Camp Bowie Blvd, 76116, Bring \$20 so you can eat & leave tip for the server. 1:00-2:30PM
- 14 Center Closed (Good Friday)
- 19 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 20 Bring your picnic lunch to Trinity Park 1:00-3:00 PM
- 23 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 27 Meet @ the center 1:00 - 3:00 PM There will be refreshments!



May 2017

- 3 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 4 Fred's Downtown Philly Steak Sandwiches, 5735 S. Hulen St., 76132, 1:00 - 2:30 PM
- 10 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 11 Furr's Cafeteria, 3233 Alta Mere, 76116, 1:00-2:30 PM
- 17 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 18 Meet @ the center 1:00 - 3:00 PM There will be refreshments!
- 24 Adjustment to Disability Training @ the center 10:00-11:00 AM
- 25 Meet @ the center 1:00 - 3:00 PM BINGO!! FUN and Prizes.
- 29 Center Closed (Memorial Day)



The above scheduled activities are subject to change or cancellation based upon weather conditions or other factors.

**PROJECT RAMP - Fort Worth**

**Do you or someone you know need a ramp built and/or handrails or grab bars installed?**

The **REACH of Fort Worth Resource Center on Independent Living** offers accessible home modifications for low income individuals with mobility impairments who live in the City of Fort Worth. If you meet the following guidelines, you may be eligible for this type of assistance.

You must be a person with a mobility impairment.  
You can be any age.

You must be a homeowner, live with the homeowner or have a letter from the landlord giving permission to make the accessible modifications to the home. **(No apartments.)**

Must provide proof of total household income and must meet federal guidelines for low-income households. **(You must provide a copy of income verification and a Social Security number from each family member living in the home who is 18+ years of age .)**

Your property taxes must be current

**\*FUNDS WILL BE USED ON A FIRST REQUESTED, FIRST SERVED BASIS\***

**If you need more information about this program, please call Alma Hernandez, Project Ramp Coordinator, at 817-870-9082**



## U.S. CIL Representatives Visit Nepal and Costa Rica CILs

By Julie Espinoza, Skills Training Specialist @ REACH of Plano

The Japanese IL Movement supports CILs all over the world. And they are planning on taking over the world - the **Global Independent Living Movement**. It is an awesome plan and it's rolling forward with quite a bit of speed. Through my involvement in the National Council on Independent Living (NCIL), I was identified as a U.S. Delegate to go to Kathmandu and share the U.S.'s IL movement. The CIL in Kathmandu has no funding from their government - they generate private funds however they can. They have created lightweight wheelchairs that easily fit under a motorcycle's steering column and they have installed steps over the back wheel to transfer onto. This helps bring in funds and is the best way for people with disabilities to get around.

**Logistics in Kathmandu: no reliable electricity, no sidewalks, no wide streets, no road repair, earthquake rubble blockage, over population, dangerous water, and no traffic rules that Americans are accustomed to. NO PHYSICAL ACCESSIBILITY.**

So how can a barely funded CIL, non ADA accessible city, embrace the IL philosophy? I met so many people with disabilities facing our exact same issues, and then some, with our exact same philosophy and goals. They were hosting meetings after meetings with community leaders and business owners, pulling together as a team of volunteers, paid staff and town folks to help with even minor changes. Folks, I'm talking about staff and consumers who often don't even have accessible bathrooms or homes. They are knocking on America's door for help and collaboration and the world's. And they are getting a response.

I went to Kathmandu to share our IL movement with them. I went to get acquainted with the Japan IL Movement and their world work. I went there to learn. I also wanted to eat as much food as I could try. I came back with respect for the wonderful CIL comrades I have. I have a new sisterhood of women with disabilities ready to organize on our issues globally. I have a new exciting opportunity to stop teaching the IL History and make some IL History. I think my time period is going to be even more exciting than Ed Roberts' and Justin Dart's. It feels so bold to even say that, but I see it happening and I'm jumping in with both feet.

I was honored to be able to travel to Costa Rica to see what my global brothers and sisters in the IL movement were up to. They graciously allowed 2 U.S. delegates to come to their CIL in Perez Zeledon and also to participate in an IL Summit in San Jose. The Japanese IL Movement funded the trip and spent much time with the U.S. delegates as we toured and discussed for over a week. Costa Rica is a beautiful, rainy, friendly country and Perez Zeledon is a very fortunate city. Morpho is the name of the CIL in the town and they amazed me with how it epitomizes what a community with a CIL can look like.

The town itself was very accessible. Rustic style accessibility. Transportation was accessible and efficient. (Thanks to Morpho.) A new law was recently passed, their version of the ADA. This is entirely due to the work of the CIL. They studied their representatives, met with them and influenced the country's laws and politics. Every year, a country hosts TRY. This is a very large advocacy effort and in Costa Rica, Morpho representatives went down a wet, winding narrow mountain road in wheelchairs with their attendants to gather PR for their needs and the passage of disability laws. It took a month! It was not safe. Buses and trucks sped by, darkness, storms. They slept under the stars. When they finally got to the city, the press and their country's representatives greeted them and passed the law! Everyone survived. They were stronger and on fire.

We traveled back down the mountain to San Jose for an IL Summit. CILs and people with disabilities gathered for two days of presentations about their countries. Bolivia, Guatemala and more. I wish I could report that the IL movement is as well in other countries as Perez Zeledon, but it is not. I met with so many people that have fought physically for their rights as people with disabilities, and often lost. Each country showed videos of their fights for the IL movement. I sat there horrified at what I saw. I felt so blessed, safe and protected as an American. I prayed that Americans would never have the experiences I saw. People with disabilities being trampled on, beaten and water hosed by their own government. I saw many variants of the IL philosophy that reflected each country's culture. And I could see what might work in America and what was working well in one country, would be rejected by Americans because of our culture. This also was new for me. I have never seen our culture before as once again, I hadn't left America but once in the past. You cannot see it while you are in it. So this trip has raised many questions for me. I wish I could report on answers as well. Travel has stirred the pot. I need my co-Americans at CILs to also explore the IL movement globally. We need to talk. But one thing for sure - the IL Movement is going global and we will all be enriched in our INDEPENDENCE.

## CALENDAR OF EVENTS



214-630-4796

**Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.**

### March 2017

**March for Respect event, March 25, 9:00 AM-12:00 PM at Main Street Garden Park, 1950 Main St. in Dallas**

- 6 Independence & Beyond @ the center 1:30 - 3:00 PM. In a group setting, topics include self-esteem, family relationships, anxiety, medical stress, depression, boundaries & goal setting. Preregister with Kiowanda
- 8 Computer Training registration @ the center 1:00 - 3:00 PM Preregister with Harvey Spears. Learn about computer operating systems and software. Advanced classes in Microsoft Office are also offered.
- 11 Youth (Main Event Bowling) 1:00 - 5:00 PM
- 20 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda
- 22 Computer Training registration @ the center 1:00 - 3:00 PM Preregister with Harvey Spears
- 27 Youth (Emergency Preparedness) @ the center 1:00 - 2:00 PM



### April 2017

- 1 Youth (Dallas World Aquarium) 1:00 - 4:00 PM
- 3 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda
- 5 Computer Training registration @ the center 1:00 - 3:00 PM Preregister with Harvey Spears
- 10 Youth IL Skills Training @ the center 11:00 AM - 2:30 PM (TBA)
- 14 Center Closed (Good Friday)
- 17 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda
- 19 Computer Training registration @ the center 1:00 - 3:00 PM Preregister with Harvey Spears
- 22 Youth (Grocery Shopping at Tom Thumb, 7117 Inwood Road, Dallas, 75209) 1:00 - 4:00 PM
- 24 Youth (North Texas Food Bank Demonstration) @ the center 12:00 - 1:00 PM



### May 2017

- 1 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda
- 10 Computer Training registration @ the center 1:00 - 3:00 PM Preregister with Harvey Spears
- 13 Youth (Perot Museum) 10:00 AM - 2:00 PM
- 15 Youth IL Skills Training @ the center 11:00 AM - 2:30 PM
- 15 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda
- 20 Youth (Employment Training) @ the center 1:00 - 3:00 PM
- 24 Computer Registration @ the center 1:00 - 3:00 PM Preregister with Harvey Spears
- 29 Center Closed (Memorial Day)



**Adjustment to Disability group training has a new name Independence & Beyond**



**940-383-1062**

**Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.**

**March 2017**

- 1 General Support Group @ the center 1:00-2:00 PM
- 8 "Plant It!" General Support Group @ the center 1:00-2:00 PM
- 15 "Ides of March" General Support Group @ the center 1:00-2:00 PM
- 22 "ADA" General Support Group @ the center 1:00-2:00 PM



**April 2017**

- 5 General Support Group @ the center 1:00-2:00 PM
- 12 "Can't Hear You!" General Support Group @ the center 1:00-2:00 PM
- 14 Center Closed (Good Friday)
- 19 "Lighten Up!" General Support Group @ the center 1:00-2:00 PM
- 26 BINGO!! @ the center 1:00-2:00 PM



**May 2017**

- 3 General Support Group @ the center 1:00-2:00 PM
- 10 General Support Group @ the center 1:00-2:00 PM
- 17 "Can you remember when?" @ the center 1:00-2:00 PM
- 24 General Support Group @ the center 1:00-2:00 PM
- 29 Center Closed (Memorial Day)



**Youth Summer Camp  
June 20, 21 & 22, 2017  
10:00 AM - 3:00 PM**

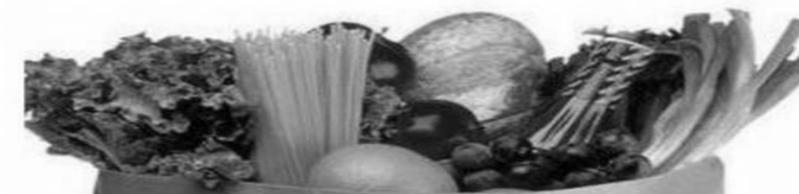
**Denton Hunger Coalition  
Mobile Pantry - Despensa Móvil**

Free produce and shelf stable food to the Denton Community every 2<sup>nd</sup> Saturday of the month, from 9-11 am, at 1980 E. University, enter off Nottingham. Bring a box or bags for your food items.

Comida y productos gratis para la comunidad de Denton cada segundo sábado del mes en 1980 E University, entrada sobre la calle Nottingham. Traiga su caja o bolsas para su comida.

**2017 Denton Mobile Pantry Dates – Fechas**

- January 14
- February 11
- March 11
- April 8
- May 13
- June 10
- July 8
- August 12
- September 9
- October 14
- November 11
- December 9



For more information on the Denton Mobile Pantry or information on how to volunteer please visit the Denton Hunger Coalition Facebook page.  
Para más información sobre la Despensa Móvil de Denton o como ser voluntario visite nuestra página en Facebook.



**TARRANT FOOD BANK**  
AREA

**March for Respect - Disability Awareness Event**

Saturday, March 25 @ 9 AM - 12 PM

Main Street Garden Park, 1950 Main St., Dallas, Texas 75201

<http://www.marchforrespect.org/>

One mile awareness walk for the Dallas community to promote respect for those with intellectual-developmental disabilities.

Since 2003, the yearly March for Respect events have been bringing together people with and without disabilities in a show of support and respect. It's an amazing and unforgettable event. Don't miss it!

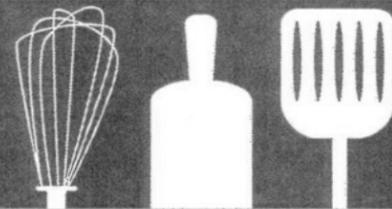
**Deadlines for Future REACHing Out Newsletters**

April 10<sup>th</sup> June - August 2017 edition

July 10<sup>th</sup> September - November 2017 edition

October 10<sup>th</sup> December 2017 - February 2018 edition

# Cooking Matters® for Adults Course



*Come learn how to shop for  
and prepare delicious and  
nutritious foods on a budget.*

**Seating is limited. You must be registered by March 31, 2017**

**Dates:** April 5th - May 10th

**Time:** Wednesdays 1:00 - 3:00 PM

**Place:** REACH of Fort Worth, 1000 Macon Street, Suite 200, Fort Worth, Texas 76102

**To Register for class:** Call Miaka Palmer 817-870-9082

2600 Cullen Street | Fort Worth, Texas | 76107 | tafb.org

CookingMattersFortWorth

CookinMattersFW



## CALENDAR OF EVENTS



972-398-1111

**Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.**

### March 2017

15 Crafts @ the center 1:00 - 3:00 PM

15 Press Conference @ the center 10:00 AM - 12:00 PM on the issue of advocating with the Texas Legislature to increase the hourly pay of Personal Care Attendants (PCAs) who assist people with disabilities live in the community. Currently, PCAs who are paid through various contracts funded by the Texas Department of Aging and Disability Services (DADS) earn just \$8 an hour. This low hourly salary is making it nearly impossible to work as a PCA, thus prompting the unnecessary institutionalization of people with disabilities and denying them their civil rights under the ADA to live in the community in the least restrictive environment! Disability rights advocates around the state want the Texas Legislature to approve an hourly rate increase to \$13 an hour.

If you want to help us with this important advocacy campaign, please join us at the press conference on March 15. If you need help in preparing and presenting your comments to the media during the event, contact Julie Espinoza at the center so she can help you prepare your written statement a week before the press conference. Please RSVP your attendance at the press conference by contacting Julie as soon as possible.

### April 2017

12 Crafts @ the center 1:00 - 3:00 PM

14 Center Closed (Good Friday)

### May 2017

17 Crafts @ the center 1:00 - 3:00 PM

29 Center Closed (Memorial Day)

**Thank You!** REACH of Plano staff are thankful for our consumers, interns and volunteers who helped make the Ed Roberts Day Luncheon a success. As you probably know, Ed is considered the Father of Centers for Independent Living and was one of the earliest and most vocal disability rights advocates for the inclusion of people with disabilities in all aspects of community life. We also want to thank our consumers for signing up for several new REACH committees that will address various current legislative issues such as the attendant wage increase campaign and for offering peer support to new consumers learning about the Independent Living philosophy! 2017 is kicking off as a record breaking year of excitement and solidarity!

**Arts  
& Crafts**

**The REACH Resource Centers on Independent Living are Fragrance Free facilities!  
Please do not wear Scented products when visiting the centers or participating in  
any of our services or activities. Thank you!**



Plans are underway to save money by e-mailing this newsletter to interested readers rather than continuing to send it via U.S. mail. If you'd like to get the newsletter via e-mail, please send Janie Peachee, Administrative Assistant, your e-mail address. You can reach Janie at [jpeachee@reachcils.org](mailto:jpeachee@reachcils.org). Thank You!

## FROM THE DIRECTOR'S DESK



**Donor Thank You** - REACH recently received a \$1,000 donation from Fort Worth based Sunair Products, one of the largest suppliers of mobile air conditioning service and compressor remanufacturing components in the world. The REACH Board of Directors, staff and consumers extend a big THANK YOU to Sunair Products' President & CEO Michael Sunday for his company's generous financial support of our work.

**REACH Board of Directors** - Brooke Lewis was recently elected to the REACH board of directors. She joins the other 15 board members who are Ben Johnson, President, Julia Chalker, Vice President, Patt Bourland, Secretary, Gordon Meredith, Treasurer, Margot Boles, Ph.D., Carla Forman, Board Member Emeritus, Emilio Gandara, Sylvia Hodgins, Larry Hughes, Robert Petty, Joe Rivas, Jose Santos, David Saunders, Joyce Tepley & Abu Yilla, Ph.D.

**DART Travel Ambassador Program** - Did you know that Dallas Area Rapid Transit (DART) offers a FREE program that can help you enjoy all of the possibilities of using public transportation? The **Travel Ambassador Program** offers Travel Orientation Training and Group Training. During travel orientation training, riders learn the skills needed to navigate public transit safely and independently. The instructions are given on a personalized one-on-one basis with the rider's needs, abilities and specific travel plans in mind. Travel orientation training also includes an outing during which a travel ambassador accompanies the rider on a prearranged trip. Group training is similar to travel orientation training, but is conducted with a group of people who have the common goal of wanting to learn how to use public transportation. For more information or to schedule either type of training, call 214-828-8588 or email [travelambassador@dart.org](mailto:travelambassador@dart.org).

**Consumer Feedback** - As we do each year, we ask our consumers at each of our centers to complete a Consumer Satisfaction Questionnaire when their case is being closed. They have the option of answering each question on the form in one of five ways: **Strongly Agree, Agree, Neither Agree nor Disagree, Disagree, or Strongly Disagree.** Below, for Fiscal Year 2016, are the responses we received from them to the following questions.

Question: **I have been treated in a friendly, caring, and respectful manner by the Center's staff.** Consumers responding with a *Strongly Agree* or *Agree*: Fort Worth-100%, Dallas-97%, Denton-100%, and Plano-100%.

Question: **The Center's staff responded to me and provided services in a timely manner.** Consumers responding with a *Strongly Agree* or *Agree*: Fort Worth-96%, Dallas-100%, Denton-100%, and Plano-100%.

Question: **The Center's services met my needs.** Consumers responding with a *Strongly Agree* or *Agree*: Fort Worth-96%, Dallas-100%, Denton-100%, and Plano-90%.

Question: **I am satisfied with the services provided by the Center and staff.** Consumers responding with a *Strongly Agree* or *Agree*: Fort Worth-98%, Dallas-100%, Denton-100%, and Plano-95%.

Question: **The Center's services and staff provided me with information to help me make informed choices.** Consumers responding with a *Strongly Agree* or *Agree*: Fort Worth-91%, Dallas-100%, Denton-100%, and Plano-100%.

Question: **The Center's staff encouraged me to make decisions so that I could live more independently.** Consumers responding with a *Strongly Agree* or *Agree*: Fort Worth-86%, Dallas-97%, Denton-100%, and Plano-90%.

**Program Name Change** - The Dallas consumers who participate in the twice monthly Adjustment to Disability group training sessions have decided to rename the program Independence & Beyond.

**New Employee** - In November, Sierrah Willis-Winbush, REACH of Plano's Community Living & Youth Transition Specialist, left REACH's employ to pursue other career opportunities. We wish Sierrah the best in her new career. In January, we welcomed Clarence Russeau to the REACH Team as the new Community Living & Youth Transition Specialist at the Plano center.

*Happy Spring! Charlotte Stewart*



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And many other funding agencies.



### Personal Attendant Coalition of Texas (PACT) Call to Action!

The funding for Medicaid, Title XX and State-funded Home and Community Based Service (HCBS) programs may be reduced during the 85th TX Legislative Session, making finding community based Personal Care Attendants more difficult to recruit and hire and thus driving many small PCA providers out of business.

We need to **RALLY TOGETHER** to send a powerful message that funding for HCBS Programs is **critical**.



Cathy Cranston  
PACT Organizer

**Attention Attendants!**  
Don't Dally, come to YOUR RALLY to advocate for \$13 an hour in wages.

**USE YOUR POWER!**

**PACT is organizing for  
RESPECT and More!!!**

**(Wages, Benefits, Administrative Funding)**

**"RALLY for COMMUNITY ATTENDANTS"**

**On the North steps of the Capitol in Austin on Wed., March 8th, 11am - 1pm**

RSVP: Cathy Cranston @ [flacacata@aol.com](mailto:flacacata@aol.com) or 512 442-0252

**Together we can and are MAKING A DIFFERENCE!!!**



Bob Kafka  
ADAPT Organizer



# NEED TO BECOME MORE PHYSICALLY ACTIVE?

Join our online physical activity program for individuals with spinal cord injury!

Researchers are looking for 140 people with spinal cord injury to take part in a 16-week, online physical activity program. Subjects will attend weekly meetings online and try exercises at home. Subjects will be compensated for their time.



For details, email [Maria.Cole@BSWhealth.org](mailto:Maria.Cole@BSWhealth.org) or call 214.865.3612

**Participants must:**

- Be between 18 and 70 years old
- Be at least 6 months post-injury at C5 level or below and use a wheelchair
- Have access to a computer with internet access



Photography may include models or actors and may not represent actual patients. Physicians provide clinical services as members of the medical staff at one of Baylor Scott & White Health's subsidiary, community or affiliated medical centers and do not provide clinical services as employees or agents of these medical centers, Baylor Health Care System, Scott & White Healthcare or Baylor Scott & White Health. Baylor Scott & White Health ("BSWH") complies with applicable civil rights laws and does not discriminate, exclude, or otherwise treat individuals differently on the basis of race, ethnicity, color, religion, sex, sexual orientation, gender identity, national origin, age, disability, genetic information, veteran status, or any other protected characteristics under applicable law. © 2016 Baylor Scott & White Health. BSWRH\_31\_2016SD



**Rates for Advertising in REACH Newsletter**

Below are the prices for placing an advertisement in the *REACHing Out* newsletter. The newsletter is published quarterly in December, March, June, and September. The newsletter is sent/distributed to 2,500+ readers living primarily in Tarrant, Dallas, Denton & Collin Counties and is available online at [www.reachcils.org](http://www.reachcils.org).

**BUSINESS & PROFESSIONAL AD SIZES: 1 TIME AD 1 YEAR AD**

___ Business Card (2" x 3.5")	\$25 .00	\$ 90.00
___ 1/8 Page (4.25" x 2.75")	50.00	190.00
___ 1/4 Page (4.25" x 5.5")	65.00	250.00
___ 1/2 Page (8.5" x 5.5")	100.00	375.00
___ Full Page (8.5" x 11")	200.00	775.00

If you have any questions, please call Becky Teal, newsletter editor, at REACH of Denton 940-383-1062 or contact her by email at [reachden@reachcils.org](mailto:reachden@reachcils.org). These advertising rates may change without prior notice.

**Words to Live by!!!**

The secret of staying young is to live honestly, eat slowly, and lie about your age.  
Lucille Ball

**The REACH Resource Centers on Independent Living are members of the Texas Association of Centers for Independent Living, the National Council on Independent Living, and the Coalition of Texans with Disabilities.**

**ADAPTIVE MOBILITY of the SOUTHWEST LLC**  
Jim Chavez, Mobility Consultant- Proprietor  
817-235-0670



<b>Durable Medical Equipment</b>	<b>Home Modifications</b>
<b>Ceiling Track Lifts</b>	<b>Bathrooms - Kitchens</b>
<b>Pool Lifts</b>	<b>Custom Ramps - Railing</b>
<b>Motion Alarms</b>	<b>Door Widening</b>
<b>Automatic Door Openers</b>	<b>Special Requests</b>
<b>Specifications</b>	
<b>Insured - Bonded</b>	<b>817-704-3184 - Fax</b> <b>amofthesw@yahoo.com</b>

## CARING to HELP

Honor your loved ones with a gift to the REACH Resource Centers on Independent Living. Donations in memory of a loved one or to celebrate a birthday, anniversary, wedding, Christmas, Valentine's Day, etc. will help REACH continue its work in providing an array of independent living services to North Texans with disabilities.

Enclosed is my contribution of \$ \_\_\_\_\_

In Memory or Honor of (Name): \_\_\_\_\_

Check one: Memorial  Birthday  Anniversary  Wedding  or

Other (Explain) \_\_\_\_\_

Send acknowledgement to (Name, Address, City, State & Zip Code): \_\_\_\_\_

From (Your Name, Address, City, State & Zip Code): \_\_\_\_\_

Make checks payable to REACH, Inc. and mail with this form to 1000 Macon Street, Suite 200, Fort Worth, TX 76102-4527. THANK YOU FOR YOUR FINANCIAL SUPPORT.

The contents of this newsletter were developed, in part, under grants from the U.S. Department of Health and Human Services (HHS) and the Texas Health and Human Services Commission (HHSC). The contents of this newsletter do not, however, necessarily represent the policies of HHS or HHSC and you should not assume endorsement by either the federal or state government.

REACH receives a majority of its funding to operate the centers from grants from HHS and HHSC. REACH of Denton receives 100% of its funding (\$208,765) from HHS; REACH of Fort Worth receives 100% of its funding (\$250,000) from HHSC; REACH of Dallas receives 94% of its funding (\$402,694) from HHS and 6% (\$24,559) from HHSC; and REACH of Plano receives 100% of its funding (\$250,000) from HHSC.

### JUST A REMINDER

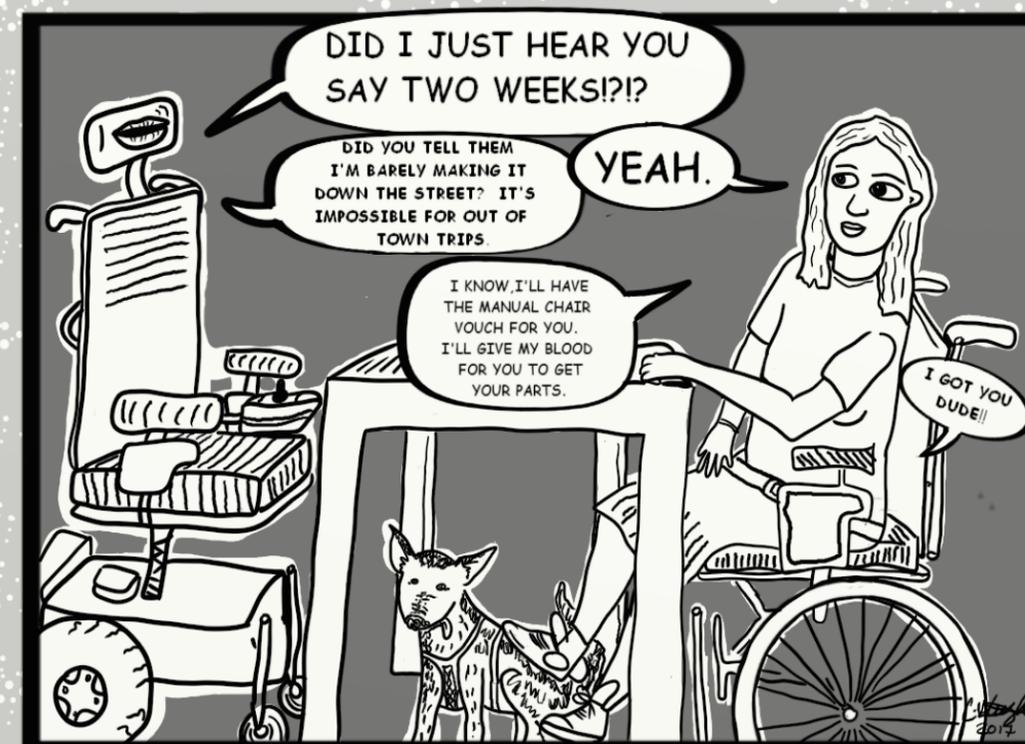
REACH generates additional funds to enhance its mission by participating in the Tom Thumb, Kroger and Amazon Smile donor programs. Each company allows its customers to register so that donations go to a nonprofit organization that the customer supports. Then every time a purchase is made by the customer, the nonprofit receives credit for the total amount of the purchase. The Tom Thumb, Kroger and Amazon companies then periodically issue a donation check to REACH for a percentage of the total of its supporters' purchases.

If you and/or your family and friends shop at or online at any or all of these companies and would like to make sure that REACH is able to continue providing services to North Texans with disabilities, please call any of the REACH offices for more information on how to enroll in these donor programs.



## SUPERCRIP: PAIN IN THE PARTS

REACH SPECIAL ISSUE  
WINTER 2017  
CREATED BY  
CHARLIE TREE HUGHES



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