HELPING PEOPLE WITH DISABILITIES REACH FOR INDEPENDENCE

June - July - August 2019  Vol. XXII No. 3  Editor: Becky S. Teal
REACHing Out is published four times a year in December, March, June, & September at REACH of Dallas, 8625 King George Drive, Suite 210, Dallas, Texas 75235-3275

Calendar of Events-Fort Worth
  June 17 - 21, 2019 (11:00 AM - 3:00 PM)
  Contact Miaka @ 817-870-9082

REACH of Dallas
  June 17 - 21, 2019 (9:00 AM - 3:00 PM)
  Contact Pam @ 214-630-4796

REACH of Denton
  June 25 - 27, 2019 (10:00 AM - 3:00 PM)
  Contact Murphy @ 940-383-1062

REACH of Plano
  June 10 - 14, 2019 (9:00 AM - 3:00 PM)
  Contact Kathryn @ 972-398-1111

REACHing Out
Youth Summer Camps

REACH of Fort Worth
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## Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.

### June 2019
- 5  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 6  Olive Garden (www.olivegarden.com) 4700 SW Loop 820, Lunch is on your own, prices are $10.00 and up, don’t forget the tip. 1:00 - 2:15 PM
- 12  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 13  Red Robin (www.redrobin.com) 4800 S. Hulen St., Lunch is on your own, prices from $10.00 and up, don’t forget the tip. Also if you wish to do some window shopping, please feel free to do so. 1:00 - 2:15 PM
- 17 - 21 REACH Youth Camp for kids 13 - 22 years of age. We will meet everyday at the center from 11:00 A.M. to 3:00 P.M.. You must pre-register with Miaka Powers @ 817-870-9082 or mpowers@reachcils.org. Also, special workshop on the 24 & 25 from 11:00 AM-3:00PM.
- 19  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 20  No Support Group Activities!
- 26  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 27  Movie @ the center 1:00 - 3:00 PM

### July 2019
- 3  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 4  Center Closed (4th of July)
- 10  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 11  Rosa’s Café 5000 Overton Ridge Blvd, Lunch is on your own, Please bring $20.00 1:00 P.M. - 2:15 P.M.
- 17  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 18  Mama’s Pizza 1813 W. Berry - Lunch is on your own. Lunch Buffet is 10.00 per person with drink included 1:00 – 2:15 PM
- 24  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 25  Movie @ the center 1:00 - 3:00 PM
- 30  Cooking Matters Course @ the center 10:00 A.M. till 12:00 P.M. You must preregister with Miaka Powers @ 817-870-9082 or mpowers@reachcils.org.

### August 2019
- 1  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 6  Cooking Matters Course @ the center 10:00 A.M. - 12:00 P.M.
- 7  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 8  Rave Movie 1888 Green Oaks, Please call the day before for times and movie options, the cost is $5.00 for the movie, doesn’t include popcorn or drinks.
- 14  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 15  Bingo - 5701 Crowley Road, 76134 , www.texasbingo.com , Bring $20.00, you can play multiple times 1:00 - 3:00 P.M
- 21  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 22  Movie and Hot Dogs @ the center Please bring a $1.00 for hotdogs, drinks will be provided 1:00 - 3:00 P.M
- 28  Adjustment to Disability Training @ the center 12:30 – 2:30 PM
- 29  Card Games @ the center 1:00 - 3:00 PM

**PLEASE NOTE THAT EVENTS AND TIMES MAY BE SUBJECT TO CHANGE DUE TO WEATHER CONDITIONS, SPEAKER CANCELLATIONS, OR OTHER ISSUES OUT OF OUR CONTROL.**

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### In Memory of Mr. James G. Moore

J-Mack is a friend that I will always remember. His genuine words and kindness reinforced his care for people. Whenever I would talk to a customer, they would ask, “Who is that nice man with the nice voice answering the telephone”? They didn’t know the nice man; however, they could sense his good spirit. I will miss my friend and fatherly advisor. It’s not the same with him gone. I want to thank God and Lue for sharing the gift of James (J-Mack) Moore with me; his memory will last with me forever. I believe that God welcomed J-Mack home with “well done, my good and faithful servant”. Kevan Johnson, REACH of Dallas

I had the honor of knowing and working with James for nine years. He always greeted me in a kind and caring manner. My family will miss James’ welcoming voice when they call the Dallas Office. My Aunt Margaret loved talking with James and was deeply saddened when I informed her that James had passed. James met my mother only once and she always asked about him. James always inquired about my mother and Aunt Margaret’s health. James was a very kind, gentle and pleasant person. The memory of James will be forever in my heart and it hurts when I think about him and at times I have to smile about some of the humorous things he would say.

I will always remember James for his sharing of cooking tips, talking about traveling and his love of his wife Lue. God Speed my Dear Friend! Mavis Ravin, REACH of Dallas

James & Mavis

It has been a great sadness within the REACH of Dallas office. The passing of Mr. James Moore has affected everyone who has known him. I have only known him for four short years, but in that time I can say he was a very caring man with a keen sense of humor. He seemed to love to cooking and often talked about meals he prepared at home. I saw him provide great customer service and I found comfort in his reliability. “Thank you, Mr. Moore, for being a fine example for REACH, and I hope you enjoy peace with God.” Pam Momon, REACH of Dallas

James was known especially for his kind, humble, and generous spirit. James was a blessing to all who knew him. He served and encouraged others with unconditional love and a selfless spirit. James impacted countless lives for the better and he will be greatly missed by all of those who knew him.
Are you a man looking to experience Power, Connection, and Brotherhood in a Supportive Community of Men? Join us for this Special...

**BARRIER FREE NWTA**

The ManKind Project Southwest Area announces a BARRIER FREE New Warrior Training Adventure with the Vision of Realizing a world of initiation for all men by providing an inclusive NWTA for men who are differently-able.

Please support and experience a breakthrough weekend of Connection, Understanding & Empowerment with a dynamic and compassionate staff from across the MKP world.

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**REACHing Out - June - August 2019**

**CALENDAR OF EVENTS**

Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.

**June 2019**

3  Independence & Beyond @ the center 1:30 - 3:00 PM. In a group setting, topic discussions include self-esteem, family relationships, anxiety, medical stress, depression, setting boundaries and goal setting. Preregister with Kiowanda if this will be your 1st time attending.

17  Independence & Beyond @ the center 1:30 - 3:00 PM.

17-21 Youth Summer Camp 9:00AM - 3:00PM  Preregister with Pam

**July 2019**

1  Independence & Beyond @ the center 1:30 - 3:00 PM. Preregister with Kiowanda

4  Center Closed (4th of July)

15  Independence & Beyond @ the center 1:30 - 3:00 PM. Preregister with Kiowanda

**August 2019**

5  Independence & Beyond @ the center 1:30 - 3:00 PM. Preregister with Kiowanda

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**Transportation Works: High Speed Train from Dallas to Houston**

By Harvey Spears, REACH of Dallas

I recently attended the Transportation Works conference that was held in McAllen, Texas. One of the topics discussed dealt with the high-speed train that is being proposed that will run from Dallas to Houston. The route for the train has been approved, funding for the project has gone well, and the next big step is waiting for approval to commence laying the track.

What I found interesting was the plans for the train’s cars. At the time of the conference, Texas Central Partners was drawing up the design to be completely ADA friendly. The cars will include wide, comfortable seats with space in between them for service animals. The cars will have both audio and visual cues for riders who have hearing/or vision impairments. The dining and beverage cars will also be ADA compliant. For riders who need a little privacy or rest, sleeping cars will be added. The cost to ride the train is still being debated to insure that it will be affordable for all riders.

Texas Central Partners is currently looking for ideas to make the train and its cars more ADA compliant. If you are interested in being a part of this project or wish to know more about it, you can visit [https://www.texascentral.com/](https://www.texascentral.com/). You can even become an Advocate on the project’s website so that your voice is heard on issues that most concern you.
Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.

June 2019
5 General Support Group (Getting Hot!) @ the center 1:00-2:00 PM
12 Craft @ the center 1:00-2:00 PM
19 General Support Group (Steps everywhere) @ the center 1:00-2:00 PM
26 No General Support Group
25-27 Youth Summer Camp @ the center 10:00 AM - 3:00 PM

July 2019
3 General Support Group (Independence Day) @ the center 1:00-2:00 PM
4 Center Closed (4th of July)
10 General Support Group @ the center 1:00-2:00 PM
17 General Support Group (Safety First) @ the center 1:00-2:00 PM
24 General Support Group (ADA) @ the center 1:00-2:00 PM
31 No General Support Group

August 2019
7 General Support Group (Who are your Peers?) @ the center 1:00-2:00 PM
14 General Support Group @ the center 1:00-2:00 PM
21 General Support Group (Almost Over!) @ the center 1:00-2:00 PM
28 No General Support Group

If you want to bring your lunch to eat while we discuss the topic during the General Support Group sessions, please do so.

Plans are underway to save money by e-mailing this newsletter to interested readers rather than continuing to send it via U.S. mail. If you’d like to get the newsletter via e-mail, please send Janie Peachee, Administrative Assistant, your e-mail address. You can reach Janie at jpeachee@reachcils.org.

Thank You!

Deadlines for Future REACHing Out Newsletters
January 8th, 2020 - March - May 2020 Edition
April 8th, 2020 - June - August 2020 Edition

Let Us Help Get You Everywhere You Need To Go

The REACH Resource Centers on Independent Living are members of the Texas Association of Centers for Independent Living, the National Council on Independent Living, and the Coalition of Texans with Disabilities.
The Special Needs Assistance Program known as SNAP (www.SNAPFORYOU.org) is an online database hosted by the Fort Worth Fire Department Office of Emergency Management. The free program is designed to provide important medical information to emergency personnel about a resident’s access or functional needs should it be needed in the event of an emergency. This is not the federal Supplemental Nutritional Assistance Program, formally known as “food stamps”, or the Texas STEAR program which provides transportation during an evacuation.

Information provided by SNAP participants is used by local emergency management personnel to create disaster preparedness plans which lay the groundwork for actions taken in emergency situations such as floods, an explosion, a gas leak, a manufacturing fire, or an act of terrorism.

Registered Fort Worth residents that call 911 in an emergency will have their access or functional need information relayed to first responders through the 911 operator’s computer aided dispatch system. This advance information will help police and fire responders provide the best care possible during stressful events.

Several Metroplex organizations, such as the REACH of Fort Worth Resource Center on Independent Living and governmental jurisdictions including the counties of Kaufman, Parker, Rockwall and Tarrant, the cities of Burleson, Denton, Euless, Grapevine, Haltom City, Lewisville, Little Elm, Lucas, North Richland Hills and Fort Worth participate in the SNAP program.

Participating jurisdiction residents with an access or functional need that would have difficulty evacuating their residence before, during or after an emergency situation may register for this free program. The definition of an access or functional need is very broad and covers medical, behavioral and intellectual.

Here’s how the program works. Individuals with an access or functional need, their family members, friends, or neighbors can register the individual in SNAP by going online to www.SNAPFORYOU.org. Questions asked in the registration process include:

- Registered party’s name
- Address
- Sex, age, weight
- Contact information such as phone number and email address
- Primary language spoken
- Emergency contact, if you have one
- What type of access or functional need you have?
- An optional photo of the registrant can be included

No confidential or financial information such as Social Security number, banking or driver’s license data, etc. is requested or gathered. Once the registration process is completed, the information it contains is considered confidential and protected as allowed by law, and can only be used by emergency responders and authorized public safety personnel. Participants will receive an annual email notification requesting re-registration to keep information current. Annual re-registration is required to remain in the program.

If you have an access or functional need and live in one of the participating jurisdictions please consider registering for the free Special Needs Assistance Program at www.SNAPFORYOU.org.
FROM THE DIRECTOR’S DESK  Charlotte Stewart

Sad News
Last month, former long time employee James Moore passed away. James worked as the Dallas center’s main phone answerer handling numerous requests each month for information and referral assistance. James retired on March 31 last year to spend more time with his wife Lue and their dog Morgan. I still miss his daily “good morning” welcome and pleasant smile when I arrived at the office each workday.

Good News
Effective March 31, Pamela Momen was promoted to the position of Assistant Director at our Dallas center. On top of handling her new job duties as Assistant Director, Pam will continue coordinating the center’s youth transition program and share housing information with callers.

On May 1, Lauren Taylor will begin working as the part time Youth Transition Specialist at our Denton center. Lauren was recently crowned as Ms. Wheelchair Texas for 2019.

New Board Members
At their February meeting, the REACH Board of Directors elected Annie Wallace and Rochelle Chandler to serve on the board. Annie is a Professional Art Therapist, Licensed Professional Counselor and Certified Special Education Teacher. Rochelle is a Licensed Specialist in School Psychology who works with the Prosper Independent School District.

FYI
On April 15th the City of Fort Worth’s first inclusive playground designed to be accessible for all abilities opened. The Frank Kent Dream Park is located in Trinity Park and includes 57,000 square feet of fenced play area and green spaces with a design beyond what the Americans with Disabilities Act Accessibility Guidelines’ requires. To learn more about The Frank Kent Dream Park visit www.dreamparkfw.org or https://www.facebook.com/dreamparkfw/

In 2013, Cre8Play’s largest universally accessible play environment, Casey’s Clubhouse, opened. The park was inspired by a little girl, Casey, and her dream to play with other children. This inclusive play environment in Dove Park in Grapevine, Texas includes features that address the physical, cognitive, sensory and emotional needs of all children. To learn more about Casey’s Clubhouse visit www.cre8play.com/custom_play/caseys-clubhouse-dove-park/

The Segue Center is a Dallas-based nonprofit organization committed to helping youth connect with the next life phase. The Center is a bridge between school and adulthood for kids with social challenges, learning differences, anxiety issues, and attention difficulties. The Center provides support through academic tutoring, career planning, healthy lifestyle mentoring, and social skills practice. To learn more about the Segue Center visit www.sequecenter.org.

Words To Live By!!!
“If you take away the labels, you realize we are far more alike than we are different!”  Ellen DeGeneres

The REACH Resource Centers on Independent Living are Fragrance Free facilities! Please do not wear scented products when visiting the centers or participating in any of our services or activities. Thank you!

Rates for Advertising in the REACH Newsletter
Below are the prices for placing an advertisement in the REACHing Out newsletter. The newsletter is published quarterly in December, March, June, and September. The newsletter is sent/distributed to 2,500+ readers living primarily in Tarrant, Dallas, Denton & Collin Counties and is available online at www.reachcils.org.

**BUSINESS & PROFESSIONAL AD SIZES:**

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If you have any questions, please call Becky Teal, newsletter editor, at REACH of Denton 940-383-1062 or contact her by email at reachden@reachcils.org. These advertising rates may change without prior notice.
All of Us Research Program for People with Disabilities

The American Association on Health and Disability (AAHD) is challenging the disability community to learn about the All of Us Research Program and consider participation with a Call to Action. The All of Us Research Program seeks to improve precision medicine and the future of health. AAHD has issued this Call to Action to highlight the importance and impact that All of Us can have on the disability community. AAHD is working to encourage people with disabilities to get involved in this research program that includes historically under-represented populations in biomedical research, including persons with disabilities.

Precision medicine is an emerging approach to disease treatment and prevention that considers differences in people’s lifestyles, environments and biological makeup, including genes. By partnering with one million or more diverse participants, who share information about themselves over many years, the All of Us Research Program will enable research to more precisely prevent and treat a variety of health conditions.

AAHD’s Call to Action challenges the disability community to embrace “nothing about us without us.” If we truly believe in the concept of “nothing about us without us,” then we must answer the call when asked to participate in this type of program. To learn more about this call to action, please visit the website [https://www.JoinAllOfUs.org/together](https://www.JoinAllOfUs.org/together).

ADAPTIVE MOBILITY of the SOUTHWEST, LLC
Jim Chavez, Mobility Consultant - Proprietor
817-235-0670

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National ADA Symposium

June 16-20, 2019
Gaylord Texas Resort in Grapevine, Texas

This four-day event provides the latest information on regulations and guidelines, implementation strategies, and best practices related to the Americans with Disabilities Act (ADA). Sessions cover all areas of the ADA including employment, state and local government, business, health care, higher education, and facility access.

For more information visit [www.adasymposium.org](http://www.adasymposium.org).
CARING to HELP

Honor your loved ones with a gift to the REACH Resource Centers on Independent Living. Donations in memory of a loved one or to celebrate a birthday, anniversary, wedding, Christmas, Valentine’s Day, etc. will help REACH continue its work in providing an array of independent living services to North Texans with disabilities.

Enclosed is my contribution of $ ____________

In Memory or Honor of (Name):
Check one: Memorial □ Birthday □ Anniversary □ Wedding □ or Other (Explain): __________________________________________________________________________

Send acknowledgement to (Name, Address, City, State & Zip Code):

From (Your Name, Address, City, State & Zip Code):

Make checks payable to REACH, Inc. and mail with this form to 1000 Macon Street, Suite 200, Fort Worth, TX 76102-4527. THANK YOU FOR YOUR FINANCIAL SUPPORT.

The contents of this newsletter were developed, in part, under grants from the U.S. Department of Health and Human Services (HHS) and the Texas Health and Human Services Commission (HHSC). The contents of this newsletter do not, however, necessarily represent the policies of HHS or HHSC and you should not assume endorsement by either the federal or state government.

REACH receives a majority of its funding to operate the centers from grants from HHS and HHSC. REACH of Denton receives 100% of its funding ($240,310) from HHS; REACH of Fort Worth receives 100% of its funding ($262,280) from HHSC; REACH of Dallas receives 100% of its funding ($463,540) from HHS; and REACH of Plano receives 100% of its funding ($262,279) from HHSC.

JUST A REMINDER

REACH generates additional funds to enhance its mission by participating in the Tom Thumb, Kroger and Amazon Smile donor programs. Each company allows its customers to register so that donations go to a nonprofit organization that the customer supports. Then every time a purchase is made by the customer, the nonprofit receives credit for the total amount of the purchase. The Tom Thumb, Kroger and Amazon companies then periodically issue a donation check or make an automatic bank deposit to REACH for a percentage of the total of our supporters’ purchases.

If you and/or your family and friends shop at or online at any or all of these companies and would like to make sure that REACH is able to continue providing services to North Texans with disabilities, please call any of the REACH offices for more information on how to enroll in these no cost to you donor programs. Thank you.