The Board of Directors, Employees and Consumers extend a BIG THANK YOU to our supporters who designated REACH as the recipient of their financial contributions on September 14th, North Texas Giving Day 2017. This was REACH’s fourth year participating in this community-wide fund raising event.

R.L. & Phyllis Glazer Family Fund of the Dallas Jewish Community Foundation
Kate Garrison, President, Collin County Democrats with Disabilities
Janie Peachee
3 Anonymous Donors
Dave & Dana Shirk
Patricia Bourland
Julie Espinoza
Joyce Ann Tepley
REACH of Denton Staff
Echo Weir
Robert Denham
Charlotte Stewart
Val Erwin
Pat Nehr
Margot Dickey

Robin Lassiter
Mavis Ravin
Julia & David Chalker
Gordon Meredith
Myrna Gorchoff
Sharon O’Neill
Beth Sarey
Becky Teal
Pamela Momon
Joyce Tepley
REACH of Denton Staff
Echo Weir
Robert Denham
Charlotte Stewart
Val Erwin
Pat Nehr
Margot Dickey
**PROJECT RAMP - Fort Worth**

Do you or someone you know need a ramp built and/or handrails or grab bars installed?

The REACH of Fort Worth Resource Center on Independent Living offers accessible home modifications for low income individuals with mobility impairments who live in the City of Fort Worth. If you meet the following guidelines, you may be eligible for assistance in making these accessibility modifications.

You must be a person with a mobility impairment.
You can be any age.
You must be a homeowner, live with the homeowner or have a letter from the landlord giving permission to make the accessible modifications to the home. (No apartments.)
Must provide proof of total household income and must meet federal guidelines for low-income households. (You must provide a copy of income verification and a Social Security number from each family member living in the household who is 18+ years of age.)
Your property taxes must be current

*Funds will be used on a first requested, first served basis*

If you need more information about this program, please call Alma Hernandez, Project Ramp Coordinator, at 817-870-9082

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**CALENDAR OF EVENTS**

Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.

**December 2017**

6  Adjustment to Disability Training @ the center 10:00 - 11:00 AM
7  Sea Quest Aquarium & lunch, 1974 Green Oaks Road (Ridgmar Mall) Please call for prices. 12:30 - 3:00 PM, www.seaquastaquariums.com/fortworth
13 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
14 Boomer Jacks Grill (Montgomery Plaza) 2500 West 7th Street  $20.00  1:00 - 2:15 PM  www.boomerjacks.com
20 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
21 Christmas Celebration @ the center, the cost is $25.00 and covers your meal & gift exchange. Must prepay by December 11th. We will serve a catered barbecue lunch with all the fixings. 1:00 - 3:00 PM
25 - 29 Center Closed (Holiday Break)

**January 2018**

1  Center Closed (New Year's Day)
3  Adjustment to Disability Training @ the center 10:00 - 11:00 AM
4  Brunswick Zone West Loop Lanes – 3825 Altamesa Blvd  $8.95 to bowl or $13.14 if you need shoes. Bring extra money for food. 1:00 - 3:00 PM  www.bowlbrunswick.com/location/brunswick-zone-westcreek
10 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
15 Center Closed (Martin Luther King, Jr.'s Birthday)
11 Mexican Inn, 2700 East Lancaster Ave, $20.00  1:00 - 2:00 PM, mexicaninncafe.com
17 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
18 Nutrition Class @ the center (Fruits & Veggies)  1:00 - 3:00 PM
24 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
25 Movie and Snack @ the center  1:00 - 3:00 PM
31 Adjustment to Disability Training @ the center 10:00 - 11:00 AM

**February 2018**

1  Cheddars Scratch Kitchen, 2801 TX Sage Trail, $20.00, 1:00 - 2:00 PM, www.cheddars.com
7  Adjustment to Disability Training @ the center 10:00 - 11:00 AM
8  Fuddruckers, 5601 SW Loop 820, $20.00, 1:00 - 2:00 PM, www.fuddruckers.com
14 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
15 Movie or Game @ the center  1:00 - 3:00 PM
19 Center Closed (Presidents' Day)
21 Adjustment to Disability Training @ the center 10:00 - 11:00 AM
22 Let's Move & Groove @ the center 1:00 - 3:00 PM
28 Adjustment to Disability Training @ the center 10:00 - 11:00 AM

**PLEASE NOTE THAT THE EVENTS & TIMES LISTED ON THE ABOVE CALENDAR ARE SUBJECT TO CHANGE DUE TO INCLEMENT WEATHER CONDITIONS, SPEAKER CANCELLATIONS, OR OTHER ISSUES OUT OF REACH's CONTROL.**
### CALENDAR OF EVENTS

**Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independence &amp; Beyond</td>
<td>December 4</td>
<td>1:30 PM</td>
<td>at the center</td>
<td>Preregister with Kiowanda before attending your first session.</td>
</tr>
<tr>
<td>Christmas Party</td>
<td>December 7</td>
<td>11:00 AM - 2:00 PM</td>
<td>at the center</td>
<td>Preregister with Harvey Spears</td>
</tr>
<tr>
<td>Youth Christmas Party</td>
<td>December 9</td>
<td>4:30 PM - 7:00 PM</td>
<td>at the center</td>
<td></td>
</tr>
<tr>
<td>Youth IL Skills Training</td>
<td>December 11</td>
<td>11:00 AM - 2:30 PM</td>
<td>at the center</td>
<td></td>
</tr>
<tr>
<td>Independence &amp; Beyond</td>
<td>December 18</td>
<td>1:30 PM</td>
<td>at the center</td>
<td>Preregister with Kiowanda before attending your first session.</td>
</tr>
<tr>
<td>Center Closed (Holiday Break)</td>
<td>December 25-29</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Center Closed (New Year’s Day)</td>
<td>January 1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independence &amp; Beyond</td>
<td>January 8</td>
<td>1:30 PM</td>
<td>at the center</td>
<td>Preregister with Kiowanda before attending your first session.</td>
</tr>
<tr>
<td>Center Closed (Martin Luther King, Jr.’s Birthday)</td>
<td>January 15</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independence &amp; Beyond</td>
<td>January 22</td>
<td>1:30 PM</td>
<td>at the center</td>
<td>Preregister with Kiowanda before attending your first session.</td>
</tr>
<tr>
<td>Youth IL Skills Training</td>
<td>January 29</td>
<td>11:00 AM - 2:30 PM</td>
<td>at the center</td>
<td></td>
</tr>
<tr>
<td>Independence &amp; Beyond</td>
<td>February 5</td>
<td>1:30 PM</td>
<td>at the center</td>
<td>Preregister with Kiowanda before attending your first session.</td>
</tr>
<tr>
<td>Youth IL Skills Training</td>
<td>February 12</td>
<td>11:00 AM - 2:30 PM</td>
<td>at the center</td>
<td></td>
</tr>
<tr>
<td>Center Closed (Presidents’ Day)</td>
<td>February 19</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Independence &amp; Beyond</td>
<td>February 26</td>
<td>1:30 PM</td>
<td>at the center</td>
<td>Preregister with Kiowanda before attending your first session.</td>
</tr>
</tbody>
</table>

**December 2017**

4 Independence & Beyond (formerly Adjustment to Disability training) @ the center 1:30 - 3:00 PM. In a group setting, topics include self-esteem, family relationships, anxiety, medical stress, depression, boundaries & goal setting. Preregister with Kiowanda before attending your first session.

7 Christmas Party @ the center 11:00 AM - 2:00 PM Preregister with Harvey Spears

9 Youth Christmas Party @ the center 4:30 - 7:00 PM

11 Youth IL Skills Training @ the center 11:00 AM - 2:30 PM

18 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda before attending your first session.

25-29 Center Closed (Holiday Break)

**January 2018**

1 Center Closed (New Year’s Day)

8 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda before attending your first session.

15 Center Closed (Martin Luther King, Jr.’s Birthday)

22 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda before attending your first session.

29 Youth IL Skills Training @ the center 11:00 AM - 2:30 PM

**February 2018**

5 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda before attending your first session.

12 Youth IL Skills Training @ the center 11:00 AM - 2:30 PM

19 Center Closed (Presidents’ Day)

26 Independence & Beyond @ the center 1:30 - 3:00 PM Preregister with Kiowanda before attending your first session.
Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.

CALENDAR OF EVENTS

Call us if you need any accommodations such as a sign language interpreter, Braille materials, etc.

December 2017
6  General Support Group (Slip & Slide) @ the center 1:00-2:00 PM
13  Craft @ the center 1:00 - 2:00 PM
20  Holiday Celebration @ the center 1:00 - 2:00 PM
25-29 Center Closed (Holiday Break)

January 2018
1  Center Closed (New Year’s Day)
3  General Support Group (Here we go again!) @ the center 1:00-2:00 PM
10  General Support Group (It’s cold outside!) @ the center 1:00-2:00 PM
15  Center Closed (Martin Luther King, Jr.’s Birthday)
17  General Support Group @ the center 1:00-2:00 PM
24  General Support Group (What’s the ADA?) @ the center 1:00-2:00 PM
31  No General Support Group

February 2018
7  General Support Group (Let it snow!) @ the center 1:00-2:00 PM
14  General Support Group (Valentine’s Day) @ the center 1:00-2:00 PM
19  Center Closed (President’s Day)
21  General Support Group (What’s a Peer?) @ the center 1:00-2:00 PM
28  No General Support Group

Deadlines for Future REACHing Out Newsletters
January 9th - March - May 2018
April 10th - June - August 2018
July 10th - September - November 2018

REACHing Out • December 2017 - February 2018

HealthForMe
Self-Management Classes
TARRANT COUNTY

Stanford Chronic Disease Self-Management 6-Week Program

The REACH of Fort Worth Resource Center on Independent Living will be hosting a FREE HEALTHFORME Stanford Chronic Disease Self-Management 6-Week Program.

Topics include:
- Live better with high blood pressure, heart disease, diabetes, arthritis, and other chronic conditions
- Learn to get a good night’s sleep and eat healthier
- Improve physical limitations and reduce pain
- Learn how to deal with difficult emotions like depression, stress, and anxiety
- Learn ways to deal with shortness of breath and fatigue

Each participant will receive healthy snacks, a Healthy Living book, a relaxation CD, and an opportunity to win a TARGET gift card.

Dates: February 6th – March 6th
Times: Every Tuesday for 6 weeks, 1:00 – 3:00 pm
Location: REACH, Inc., 1000 Macon St., Suite 200, Fort Worth, TX 76102
To Register for the program contact: Miaka Palmer (817) 870-9082 or mplamer@reachcils.org

These classes are being offered in collaboration with Senior Citizen Services, Tarrant County Public Health, the Area Agency on Aging, Texas Health Resources, and United Way.

Bad Weather Closing
Should the Metroplex experience any icy or snowy weather during the 2017 - 2018 fall and winter seasons, watch Channel 8 TV (WFAA) to learn if the REACH centers will be closing early, opening late or be closed for the day.
Welcome readers to the “THE INITIATIVE”!

“Pleasure in the job puts perfection in the work.” – Aristotle

THE END is here and I hope that 2017 has been successful and exciting for you. We began the year with an America Presidential Inauguration, then witnessed a solar eclipse that was dubbed by the media as the “Great American Eclipse”, and then, unfortunately, experienced hurricanes that damaged parts of the nation. It was, however, great to see the human spirit within individuals that led them to take the INITIATIVE to help one another.

The 2017 employment landscape saw some good reporting. In April, there were 6 million job openings in the United States that employers were prepared to fill. All job seekers had to do was submit an application and interview for the positions for which they were qualified for and that interested them. At times, job seekers are challenged by the question, “Should I or Shouldn’t I” call to follow-up after a job interview? A simple email to follow-up is a good thing, but a phone call might result in a conversation with the hiring manager so that you can restate your case for job. Your phone call will definitely show that you took a little extra INITIATIVE to follow-up and confirm your interest in working for that company.

Accountemps conducted a survey and discovered that human resource managers list their preferences for contacting them after an interview with a job applicant as follows: Email (87%), Phone Call (81%), Handwritten Notes (38%), Social Media (27%) and Text Message (10%). * Don’t text! Avoid sending messages through social media because most employees are not Facebook friends with human resource managers. If you are corresponding through LinkedIn, continue to use professional language. A telephone call is a quick and easy way to follow-up. Phone calls are more personal than an email or thank you note. Remember, this may be the individual hiring you working for that company.

Remember…take The Initiative!!!

*The survey respondents could select multiple options.

Reference:


Words to Live By!!!

By failing to prepare, you are preparing to fail.

Benjamin Franklin

NCIL Region 6 Advocacy Award Winner Breggett Rideau

Breggett Rideau is a jazz vocalist and a business owner. She holds a degree in microbiology and is the mom of a child with a disability. When her little boy began attending special education classes, she took great care to get to know the teacher and the teaching assistants. She wanted to make sure that they loved and took care of her child.

Ms. Rideau spent years gathering petitions, testifying, forming parent advocacy groups, all to no avail. Cameras were installed everywhere else - for people who can speak, are adults, do not have a disability! She was not going to accept the apathy of not only the school, but the Texas lawmakers themselves. She asked what she needed to do to get a law passed to allow cameras in the classroom? The answer came to her from many sources, hire a lobbyist. Lobbyists cost a LOT of money. But it became her life’s purpose to protect children in special education classrooms so she hired a lobbyist. She used her savings, her retirement fund and scheduled a grueling travel agenda to perform as a jazz vocalist all over the world to raise money to engage the services of a lobbyist. Her efforts paid off. It took 10 years. She says she grew old the day she found out someone had harmed her child. But now she has her victory and children have the same protection as the state lawmakers themselves do, except they have armed guards as well as cameras.

Today her son is an adult. The fight took his entire childhood. The law that was passed has been challenged and modified and the debate continues over who pays for the camera equipment and who can request a camera to be installed. But the debate exists because of Ms. Rideau. Countless children will be protected because of her advocacy. Texans are thankful for her long, painful battle and we, the National Council on Independent Living Region 6 (TX, OK, NM, LA & AR) members, are proud of our 2017 Advocacy Award Winner - Breggett Rideau!
Welcome New Board Members

During the summer, Board President Julia Chalker appointed RC Brown, ATP, CEAC, and Sarah Rose, Ph.D., to the REACH Board of Directors. RC works in sales at First Care Medical Equipment, LLP, in Fort Worth and Sarah works as the director, minor in disability studies at the University of Texas at Arlington (UTA), and is also an associate professor of history at UTA.

RC and Sarah join board members Joyce Tepley, Vice President, Patricia Bourland, Secretary, Gordon Meredith, Treasurer, Margot Dickey, Ph.D., Carla Forman, Board Member Emeritus in Perpetuity, Emilio Gandara, Sylvia Hodgkins, Larry Hughes, Brooke Lewis, Robert Petty, Joe Rivas, Jose Santos, David Saunders and Abu Yilla, Ph.D. in providing leadership, policy guidance, resource development, and mission development for the organization.

Thank You

On September 14th, we participated in the North Texas Giving Day (NTGD) event. To help promote our involvement in this year’s event, Julia and David Chalker visited with four consumers and videotaped their comments about how their involvement with REACH assisted them in achieving their independent living goals. These videos were used in our media campaign to encourage supporters to donate to us on NTGD. A big thank you to Audrey in Fort Worth, Kate in Plano, Lorraine in Denton and David in Dallas for helping us out in this special way.

Japanese & Thai Visitors

In August, REACH of Plano center staff hosted a daylong meeting with a group of independent living advocates from Japan and Thailand. The day began with a vigil to honor the 19 Japanese people with disabilities who were murdered in Japan on July 26, 2016 (The 26th anniversary of the signing of the Americans with Disabilities Act!) in the facility where they lived. The message of the vigil was All Lives Have Value! Guests included consumers, the media, and representatives from the Japanese consulate, the Texas Civil Rights Project of North Texas, and Disability Rights Texas.

To celebrate the day with our guests, we served a Thanksgiving style luncheon that included the usual holiday fixings we Americans enjoy every fourth Thursday in November. During and after lunch, we spent time networking and sharing information about the similarities and differences in how independent living services are delivered in each country and how centers for independent living operate and are funded in Japan, Thailand and the U.S.

Caregiver Support

Texas has a new state law, the Caregiver Advise, Record, Enable (CARE) Act that became effective on May 26th. The legislation allows every hospital patient to designate a family caregiver and requires the hospital to take “reasonable” steps to notify the caregiver about the patient’s discharge plans. Hospitals are also responsible for showing the caregiver how to perform follow-up medical tasks.

Stay Warm this Fall and Winter, Charlotte Stewart
Youth Housing Spotlight

When it comes to finding housing, it can be very difficult to find an appropriate place to live for a person with a disability. That situation can be especially hard for transitioning youth with disabilities. I decided to call around to see what was available in and around the Dallas area. I was surprised at the limited number of options available. I guess by now I should not be shocked by limited housing options, as this is often the case. I was encouraged when I contacted Life Planning for Families of Special Needs. They had begun the work of bringing housing partners and families together. REACH of Dallas also offers help to consumers who need it. Some of the resources shared with the youth who attended the REACH of Dallas sponsored Youth Housing Spotlight workshop on September 23, 2017 follow: 29 Acres, Daymark, Association For Independent Living, D&S Community Services, Community for Permanent Supported Housing, Marbridge, Providence Place, Rock House, Cornerstone Ranch, Evergreen Life Services, and Breckenridge Village.

Youth have many challenges when it comes to housing, especially regarding finances, so doing one’s homework ahead of time is key. If you have any questions about housing options please contact me, Pamela Momon REACH of Dallas Youth Transition & Housing Information Specialist, at 214-630-4796.

“Spotlight on Success”

M.M. moved to Texas three years ago and got involved in the REACH of Dallas center’s youth transition program. He was just beginning to think about what he wanted for his life. He thought about what kind of job he wanted, where he wanted to live, and what life after high school would look like. Life in Dallas opened up new opportunities that he had never had before - public transportation was available, several housing options could be explored, and vocational rehabilitation services were obtainable through Texas Workforce Solutions.

M.M. has thrived in his new environment. He graduated from high school and found a great job working at a local movie theater. His job is supportive and he enjoys combining his love of movies and earning money. His parents are thrilled to see him become more and more independent. M.M. and his family feel encouraged by the support they have received through REACH and are looking forward to the future. If you are between the ages of 14-22, please consider getting involved in the REACH of Dallas Youth Transition Services program so your adventure can begin. Please contact Pamela Momon at 214-630-4796 to get more information about signing up for services.

The REACH Resource Centers on Independent Living are Fragrance Free facilities! Please do not wear scented products when visiting the centers or participating in any of our services or activities. Thank you!
CARING to HELP

Honor your loved ones with a gift to the REACH Resource Centers on Independent Living. Donations in memory of a loved one or to celebrate a birthday, anniversary, wedding, Christmas, Valentine’s Day, etc. will help REACH continue its work in providing an array of independent living services to North Texans with disabilities.

Enclosed is my contribution of $__________

In Memory or Honor of (Name): ____________________________
Check one: Memorial ___ Birthday ___ Anniversary ___ Wedding ___ or Other (Explain) ________________

Send acknowledgement to (Name, Address, City, State & Zip Code):

From (Your Name, Address, City, State & Zip Code):

Make checks payable to REACH, Inc. and mail with this form to 1000 Macon Street, Suite 200, Fort Worth, TX 76102-4527. THANK YOU FOR YOUR FINANCIAL SUPPORT.

The contents of this newsletter were developed, in part, under grants from the U.S. Department of Health and Human Services (HHS) and the Texas Health and Human Services Commission (HHSC). The contents of this newsletter do not, however, necessarily represent the policies of HHS or HHSC and you should not assume endorsement by either the federal or state government.

REACH receives a majority of its funding to operate the centers from grants from HHS and HHSC. REACH of Denton receives 100% of its funding ($210,944) from HHS; REACH of Fort Worth receives 100% of its funding ($250,000) from HHSC; REACH of Dallas receives 94% of its funding ($406,895) from HHS and 6% ($24,559) from HHSC; and REACH of Plano receives 100% of its funding ($250,000) from HHSC.

JUST A REMINDER

REACH generates additional funds to enhance its mission by participating in the Tom Thumb, Kroger and Amazon Smile donor programs. Each company allows its customers to register so that donations go to a nonprofit organization that the customer supports. Then every time a purchase is made by the customer, the nonprofit receives credit for the total amount of the purchase. The Tom Thumb, Kroger and Amazon companies then periodically issue a donation check to REACH for a percentage of the total of its supporters’ purchases.

If you and/or your family and friends shop at or online at any or all of these companies and would like to make sure that REACH is able to continue providing services to North Texans with disabilities, please call any of the REACH offices for more information on how to enroll in these donor programs.

SPOTLIGHT

“SPOTLIGHT ON SUCCESS”

I was thinking about what I could contribute to our newsletter that would be positive and inspiring and I thought, great, look at our consumers’ accomplishments. Mavis Ravin, REACH of Dallas Community Living & Relocation Specialist

SPOTLIGHT

M.R. is a long time participant in REACH of Dallas activities. M.R. is a very positive woman who is always looking at ways to improve her quality of life. For several years she had been volunteering as a receptionist at a local nonprofit organization. She did not stop at that point. She decided to register at Brookhaven College and take several computer courses. She recently told me she would like to re-enter the workforce so that she could improve her quality of life. The next call I got from her informed me that she had applied for a job at one of the major hotels in downtown Dallas as a customer service representative. M.R. was so excited. She sent me the following email a few days later: “IT’S OFFICIAL, I HAVE BEEN OFFERED A JOB AND I HAVE ACCEPTED THE JOB OFFER. THANK YOU FOR YOUR SUPPORT.”

One of the core services that REACH provides is Peer Support Services. I encourage those of you who are reading this article to call and schedule a time to speak with me in person or on the phone to ask questions, problem solve, and/or talk about issues that are confidential and that you might not want to talk to others about. If you need support, call Mavis.

SPOTLIGHT

At REACH of Dallas we have our own “Clarice’s Hometown Hero”. Recently, I was watching TV and her story aired on Channel 4 (FOX) news. M.A. is a volunteer at Scottish Rite Hospital for Children. She has been volunteering at the facility 17 years. M.A. takes patients to their appointments so that they won’t get lost. She is excellent at this task and helps to make the patients feel at ease during their visit. M.A. likes to go fast. She speeds around the halls in her power wheelchair. M.A. has an infectious laugh that can be heard in the halls of the hospital and on the first and third Wednesdays each month at the REACH of Dallas center when she visits.

REACH of Dallas services include group Adjustment to Disability training sessions, Home By Choice (Institution to Community Living Relocation Assistance) Program, Individualized Basic Computer Skills Training, Youth Transition Services, Housing Information, Employment Services, Peer Support Services and Information & Referral Assistance. If you are interested in learning more about REACH services, please call Mavis Ravin at 214-630-4976.

SPOTLIGHT

REACH of Dallas has had many consumers who have been successful and D.H. is one of them. D.H. and I met in June 2016 when he was a patient at a local nursing & rehabilitation center. According to D.H., he was just wasting away. D.H. was 79 years old at the time and was recovering from a stroke and triple bypass surgery. D.H. told me that his goal was to have his own apartment in the Dallas area. When I told D.H. about REACH’s Home by Choice Program, he decided this was the program for him. A plan was developed and D.H. agreed to do his part. This led to a wonderful partnership.

D.H. was presented with many housing options and decided that he wanted to live at Simpson Place Assisted Living Apartments. D.H. compiled a list of items that he needed to set up his new apartment, and those items were purchased with grant funds that he was eligible to access. D.H. had several barriers that needed to be handled before he could move. On July 20, 2017, he finally moved into his new apartment. D.H. is happy and living independently in a safe and clean environment. He is very thankful for REACH and Home by Choice Program staff for his new life!

If you live in an institution and need assistance in relocating/transitions into community living, call REACH of Dallas at 214-630-4976 and ask for Mavis Ravin.