BAYLOR SCOTT & WHITE RESEARCH INSTITUTE

NEED TO BECOME MORE PHYSICALLY ACTIVE?

Join our online physical activity program for individuals with spinal cord injury!

Researchers are looking for 140 people with spinal cord injury to take part in a 16-week, online physical activity program. Subjects will attend weekly meetings online and try exercises at home. Subjects will be compensated for their time.

For details, email Maria.Cole@BSWhealth.org or call 214.865.3612

Participants must:

- Be between 18 and 70 years old
- Be at least 6 months post-injury at C5 level or below and use a wheelchair
- Have access to a computer with internet access

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